



I am physically ready.....

- ✓ I am able to use the toilet independently
- ✓ I can wash and dry my hands
- ✓ I can wipe my own nose
- ✓ I can put my own coat on
- ✓ I can put my own shoes on
- ✓ I can move around confidently (walk, run, jump, climb stairs)
- ✓ I have good balance
- ✓ I can use my hands to pick up small objects